



III FORUM DEL GRAN SASSO

Investire per costruire

1-3 ottobre 2020



UNIVERSITÀ
DEGLI STUDI
DI TERAMO

III FORUM DEL
GRAN SASSO

FRIDAY, OCTOBER 2nd 2020

PARALLEL SESSION 11 – AGRI-FOOD

Investing in research to build and spread a new scientific approach for a healthy and sustainable diet

Chair: ENRICO DAINESE
Co-chairs: ALDO CORSETTI, CLAUDIO LO STERZO,
CLAUDIO D'ADDARIO, CARLA DI MATTIA
(*Scientific Committee of University of Teramo*)



<https://meet.google.com/ugr-ujzs-vcb>

08:45 - 09:00 **Registration**

09:00 - 09:10 Introduction by the **Scientific Committee**

09:10 - 09:50 Redox homeostasis and dietary habits: the path to wellbeing and longevity
MAURO SERAFINI - University of Teramo

09:50 - 10:30 Bioactive lipids, neurotransmission and food intake
MAURO MACCARRONE - University of L' Aquila

10.30 - 10:40 **Break**

10.40 - 11:20 Advancement in Food Technology as opportunity to increase food sustainability
MARCO DALLA ROSA - University of Bologna

11:20 - 12:00 Gut microbiome in health and disease
ANTONIO GASBARRINI - Università Cattolica del Sacro Cuore, Roma

12:00 - 12.40 Feed Your Microbes, Feed Your Brain: Diet & the Microbiota-Gut-Brain Axis
JOHN CRYAN - University College Cork, Ireland

12.40 - 13.20 Epistemology of scientific research
EMILIO BETTINI - Università Europea di Roma

13:20 - 13:30 Concluding remarks
ENRICO DAINESE - University of Teramo

13:30 - 14:10 **Open Discussion with stakeholders**